

WORLD: Family planning is key to a healthy society

HRWF (26.09.2017) – Today is [World Contraception Day](#) which highlights the right to family planning and the benefits it brings to society. As part of the [UN's Sustainable Development Goals](#), family planning is important because it provides women with the means to decide if, when, and how many children they will have. In addition, unplanned pregnancies and maternal deaths are prevented, the rate of abortion decreases, the risk of STDs (including HIV/AIDS) for both men and women is lowered, teen pregnancy diminishes, girls and women are more likely to receive an education, and more women join the workforce.

“Family planning is central to gender equality and women’s empowerment, and it is a key factor in reducing poverty,” says the United Nations Population Fund.

You can read more about the work that UNFPA is doing [here](#).

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